



SWAMY SASWATHIKANANDA COLLEGE

POOTHOTTA, ERNAKULAM - 682307, KERALA

(AFFILIATED TO MAHATMA GANDHI UNIVERSITY &
APPROVED BY GOVT. OF KERALA AND AICTE)



ONE DAY WORKSHOP ON

BASIC LIFE SUPPORT

JOINTLY ORGANISED BY

Department of
Computer Applications



Department of
Business Administration



— RESOURCE PERSON —

Dr. Thomas Peter MBBS

MRCEM 1st year Resident
Department of Emergency Medicine
Indira Gandhi Co-operative Hospital, Kochi,
BLS Trainer
IMA Cochin



DATE

AUGUST 13, 2026



TIME

10:30 a.m – 12:30 p.m



VENUE

AUDITORIUM

COORDINATORS

Ms. DEEPA P N
Ms. BHAVANA LAKSHMY V

HEADS OF THE DEPARTMENTS

Ms. DIVYA R
(COMPUTER APPLICATIONS)
Ms. DIVYA DINESH
(BUSINESS ADMINISTRATION)

PRINCIPAL

PROF. K S ULLAS

Report on One-Day Workshop on Basic Life Support

Date: 13 August 2026

Time: 10:30 a.m. – 12:30 p.m.

Venue: Auditorium, Swamy Saswathikananda College, Poothotta, Ernakulam, Kerala

Organised by: Department of Computer Applications and Department of Business Administration

Resource Person: Dr. Thomas Peter, MBBS, MRCEM 1st Year Resident, Department of Emergency Medicine, Indira Gandhi Co-operative Hospital, Kochi; BLS Trainer, IMA Cochin

A one-day workshop on Basic Life Support (BLS) was organised jointly by the Department of Computer Applications and the Department of Business Administration of Swamy Saswathikananda College, Poothotta, on 13th August 2026. The programme was conducted under the initiative of the Institution's Innovation Council (Ministry of HRD Initiative).

The workshop was aimed at creating awareness about the importance of basic life-support skills and equipping participants with essential knowledge to respond appropriately during medical emergencies. Dr. Thomas Peter, an experienced medical professional and BLS Trainer, served as the resource person.



The session focused on the importance of timely intervention during emergencies and introduced participants to essential BLS procedures. Practical demonstrations using a CPR mannequin and emergency equipment provided participants with a better understanding of life-saving techniques.

The workshop highlighted the importance of remaining calm, assessing an emergency situation and providing appropriate assistance until professional medical help becomes available.

The programme was coordinated by Ms. Deepa P. N. and Ms. Bhavana Lakshmy V. The Heads of the Departments, Ms. Divya R. (Computer Applications) and Ms. Divya Dinesh (Business Administration), provided guidance and support for the successful conduct of the workshop. Prof. K. S. Ullas, Principal, extended institutional support for the programme.

The workshop was informative and valuable in promoting awareness of basic emergency-response skills among the participants. It also emphasised the importance of preparedness and responsible action during medical emergencies.

Overall, the Basic Life Support Workshop served as a meaningful awareness and skill-development initiative, contributing to the development of a safer and more prepared campus community.